

RIGHT FROM BIRTH



OVERVIEW

The Right from Birth Parenting Initiative (RfB Initiative) is based on the book *Right from Birth: Building Your Child's Foundation for Life* by Craig Ramey and Sharon Ramey. The Rameys built their book on compelling scientific evidence from over 1,000 research studies that show what works and what counts in raising capable, confident, caring and accomplished children – right from birth.

The RfB Initiative addresses how learning, social interactions, emotional development and communication interact and depend upon each other, and it provides parents with research-based strategies in user-friendly language.

TARGET GROUP

The RfB Initiative provides targeted instruction to childcare providers, expectant parents, parents and/or primary caregivers of children age birth to three years.

GOAL

Children will enter kindergarten ready to learn.

OBJECTIVES

Parents and childcare providers build their capacity to:

- increase their knowledge of the social, emotional and cognitive development of their children from birth through three years of age
- provide children in their care with social, emotional and cognitive experiences that foster optimal development

KEY OUTCOMES

- Childcare providers and parents gain knowledge and skills to promote their children's social, emotional and intellectual growth.
- Children enter kindergarten better prepared socially, emotionally and academically.
- Parent involvement in their children's education increases.
- The gap between high and low achievers is reduced.

CONTENT

The RfB Initiative addresses how learning, social interactions, emotional development and communication interact and depend upon each other, and it provides parents with research-based strategies in user-friendly language.

The following topics are explored:

- Wonders of the Brain
- People Skills in Infancy
- Learning and Intelligence
- The Many Worlds of Infancy
- The Seven Essentials
- Getting Oriented and Building Trust – The First Month
- Discovering the World – Two to Three Months
- Becoming a Social Being – Four to Six Months
- Thinking and Experimenting – Seven to Ten Months
- Independence – Eleven to Fourteen Months
- Self-Competence – Fifteen to Eighteen Months
- Going to School – How to Help a Child Succeed
- Parenting Styles and Managing Stress
- Positive Guidance and Discipline
- Language and Early Literacy Development

PROCESS

Participating caregivers and parents attend a series of weekly interactive, collaborative sessions. The sessions are engaging and tailored to meet the needs of session participants. A variety of methods and media are used.

STAFF

The RfB Initiative is implemented by a cadre of CDL professionals including teachers, learning and early childhood specialists. All are certified Louisiana Pathways trainers.

CUSTOMIZATION

CDL will customize the initiative to fit the unique needs of your school or community organization.

CONTACT INFORMATION

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“We consider CDL to be the official “trainer of trainers” for the Right from Birth Parenting Series and the Going to School Parenting Series. CDL brings extensive experience and depth preparing teachers, parents and other professionals to deliver rich, effective teaching and training.”

– Craig Ramey & Sharon Ramey